The Main Idea This Week
Distractions are a normal part of life. We are constantly pulled in several distractions at the same time. The question is not, “Will we be challenged by distraction?” but rather, “How will we respond to the distractions of life as they come?” David was no different. He faced distractions that were meant to keep him from fulfilling his destiny but God used them to teach David what an undivided heart looked like. The path is not easy but the power of an undivided heart is unstoppable!
Let’s encourage our group members to have people identify the “one act of defiance in the face of distraction” they feel the Holy Spirit leading them to walk out this week.

Connect Questions
• Share a time when you were distracted at school, work or home that became a humorous or embarrassing moment when you realized what was going on around you.
• Poll the group to see who considers themselves extreme multitaskers versus singular focus individuals.

Leader Tips
• Start with snacks or time to just chat
• Check in with each other & build your prayer list.
• Take a moment to review the message (what did you like, what challenged you the most?)
• If a question doesn’t fit, skip it.
• Look for a way to challenge each other in a next spiritual step of spiritual growth
• End on time & end with prayer!

What happens in a group
Connect
People connect by sharing stories, talking about their lives and revealing what their dreams are. Groups that connect are growing closer relationally.

Care
When people share prayers, help out in a time of need or have a discussion around the Bible, they are demonstrating the same kind of care Jesus showed his disciples. Groups that care look for ways to show it.

Grow
When we join a group, a lot of us are looking to grow in our faith. A group is the perfect place for this to happen. Being accountable to one another and challenging other group members helps move people along in their faith journey.
Care Questions

- Pastor Josh shared about the “enemies” that God allows for a time to sit at our table while we are trying to focus on fellowshipping with Him. Is there a distracting enemy that we can pray for?

Grow Questions

- What part of this week’s message resonated with you the most?
- What phrase or truth has the Holy Spirit been bringing back to your mind?
- Pastor Josh mentioned several distractions David had to overcome in his life on the way to fulfilling his destiny:
  - Rejection & Underestimation
  - Foolish People
  - Insecure Boss
  - Temptation
  - Family Dysfunction
  - Blessing & Favor
  - Spiritual Attack

Which of these distractions do you think is the most pressing for you right now?
- David said, “Is there not a cause?” in the midst of his spiritual attack and distraction. What do you feel is the cause you were born to advance? What is the purposeful cause God is wanting your focus to be on over any form of personal conflict?

Prayer Requests:

Information to Pass On:

Next Steps:

- **Identify** the “one act of defiance in the face of distraction” you sense the Holy Spirit encouraging you to walk out this week. Share back with the group next week on how it went.
- **Go back and listen again** to this week’s message to see what else the Lord wants to speak to you. (You can find this message at [www.elimgospel.org](http://www.elimgospel.org), and then select “Messages” under “About Us”)